

SPEAK UP, STAY SAFE

Female Sex Workers Safety

Key insights from female sex workers on promoting equal access to sexual and reproductive health.
Be your sister's keeper

CONDOM USE

- Use polite, confident words to suggest condoms.
- Sweet talk or choose clients more open to protection.
- Negotiate in safe spaces like hotspots.
- Use female condoms secretly if needed.



USE OF HEALTH TECHNOLOGIES

- PrEP: Take daily pill to prevent HIV.
- PEP: Emergency pills within 72 hours after risky sex.
- HIV self-test kits: Know your status easily.
- Vaginal rings: Offer extra HIV protection.



SAFETY & LEGAL TIPS

- Stay sober when working.
- Never take open drinks from clients.
- Know your rights as a worker.
- Report violence, GBV, involve police if needed.



SUPPORT/NETWORKING

- Peer support & "sisterhood" for safety.
- Support groups.
- CBOs offer PrEP, PEP & legal help.
- Hotspot teams monitor & protect.



BARRIERS & RISKS

- Some clients refuse or pay extra to avoid condoms.
- Young/new FSWs face higher risk; GBV, rape.
- Fear and lack of information lead to unreported abuse.
- Stigma and discrimination
- Drug or drink spiking—avoid client drinks.
- Some claim allergy to condoms or PrEP/PEP.
- House calls can be risky (non-payment or violence).
- Financial pressure leads to unsafe choices.
- Clients dislike HIV testing or avoid discussing it.
- Limited awareness of paralegal programs.

